



Prof. Kerstin Witte vom Lehrstuhl Sport und Technik ist Gast-Editor beim International Journal of Environmental Research and Public Health



22.07.2021 - Sports biomechanics is an interdisciplinary subject.

The findings of sports biomechanics are often used to improve athletic performance in competitive sports under individual anthropometric conditions. However, biomechanical investigations and modeling help to develop and optimize sports equipment and sports gear by better understanding the interactions of humans with equipment and other objects. This results in the following tasks of sports biomechanics: Quantitative description of movement from a mechanical point of view, development and application of suitable examination methods, and contribution to movement optimization and performance diagnostics. On this basis, the following topics were chosen for

the planned Special Issue: biomechanical characteristics of movement sequences in high-performance sport, application of modern technologies for the diagnostics of movement techniques, biomechanical diagnostics in rehabilitation, and stress on the musculoskeletal system during athletic movements.

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